



***A message to all doctors this Christmas time***

***Zoom Meeting 15th December 2021 @ 7pm***

<https://rcpi-ie.zoom.us/j/91461225108?pwd=ODBiM1FYVFFuTTRjb2ZTWTF0UDBJQT09>

*This special event has been organised to recognise and support all doctors working in Ireland. This event is collectively organised by the Forum of Irish Postgraduate Medical Training Bodies, Practitioners Health Matters Programme, Irish Medical Council together with National Doctors Training and Planning (NDTP).*

*A series of leading medical speakers will contribute to this event and all doctors are encouraged to join, what we hope will be an important moment in the circumstances we are working in.*

#### ***Event Objectives***

- *acknowledge the work of the last 2 years in particular, under difficult circumstances*
- *reflect situation re: burden, capacity, projections, resources and the staffing pressures and shortfalls, restate basic working environment safety and precautions*
- *express gratitude and acknowledgement for individual and collective leadership, courage and commitment across all specialty sectors*
- *provide assurance of enduring professional solidarity and resourcefulness*
- *Emphasise the need for retaining core humane and professional values, collegial commitment, civil interactions and connectedness.*
- *point to coping strategies and pitfalls to avoid the minimum of self-care*
- *point to the requirement for all to seek and avail of basic supports, signpost and contact details and affirm sources of support*

*Further information will follow, in the meantime, please put this date and Zoom link in your diary and all queries can be directed to [forum@rcpi.ie](mailto:forum@rcpi.ie)*

*Website – <http://www.theforum.ie>*

*Twitter – @ForumPGTBs*